



NSG524 Syllabus

Mental Health Nursing (Herzing University)



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Course Syllabus

Course Title: Mental Health Nursing

Course Code: NSG524

Credit hours: 3.0

Lecture and Discussion (15 contact hours per credit) 45 Contact Hours

Course Description:

This course focuses on the role of the nurse in caring for patients with alterations in mental health. Focus is placed on the nursing process framework with emphasis on assessment, therapeutic communication, neurobiological and psychosocial theories, pharmacology, and current practices related to the care of the mentally ill. Interventions focus on aspects of care to include professional communication, patient and family teaching, review of community resources, and practical application in various clinical settings.

Program: MSN Nursing

Program Outcomes:

Upon completion of their program, the student should be able to:

1. Prioritize patient-centered care using clinical judgment and the nursing process. (Knowledge for Nursing Practice, Person-Centered Care)
2. Collaborate with patients, families and team members to provide safe and culturally competent care. (Population Health, Quality and Safety)
3. Integrate evidence-based practice within diverse clinical settings to deliver optimal care. (Scholarship, Systems-Based Practice)
4. Minimize risk of harm to patients and providers through both systems effectiveness and individual performance. (Quality and Safety)
5. Use informational technology to communicate, mitigate error, support decision making, and manage patient care. (Informatics and Healthcare Technologies)
6. Evaluate quality improvement processes to enhance patient outcomes. (Quality and Safety)
7. Integrate professionalism and advanced leadership skills within the interdisciplinary healthcare environment. (Interprofessional Partnerships, Professionalism, Personal, Professional, and Leadership Development)
8. Analyze national and global policies, legislative concepts, and economics to address population outcomes. (Professionalism)

Course Learning Objectives:

Upon completion of this course, the student will be able to:

1. Integrate scientific evidence from nursing and biopsychosocial disciplines, and safety and quality improvement when designing and implementing patient care within the mental health population
2. Integrate neurobiological and psychosocial theories related to mental illness and evidence-based treatment modalities in the holistic care of the mentally ill.
3. Integrate professionalism and collaboration within the interdisciplinary clinical environment to promote the well-being of the mental health patient and/or family.
4. Educate patients with psychosocial health needs within the context of health promotion and maintenance.
5. Minimize risk of harm to patients and providers through systems effectiveness, individual performance, and application of legal and ethical concepts related to the practice of nursing in the mental health setting.
6. Prioritize patient-centered care using clinical judgment and the nursing process.

Topics & Learning Activities

Unit	Topics & Activities	Points Possible
<p>1 Foundations and Theories of Psychiatric-Mental Health Nursing</p>	<p>Foundations and Theories of Psychiatric-Mental Health Nursing:</p> <ul style="list-style-type: none"> • Foundations of Mental Health Nursing • Neurobiologic Theories • Psychosocial Theories • Basics of Psychopharmacology <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board Knowledge Check Questions (KCQ)</p> <p>Dosage Calculation: Unit 03, Module 01: Dosage Calculation for Special Populations: Pediatric Weight Conversions</p> <p>Dosage Calculation: Unit 03, Module 02: Dosage Calculation for Special Populations: Safe Dosage Ranges</p>	<p>20</p> <p>50</p> <p>50</p> <p>50</p>

<p>2 Legal and Ethical Issues and Treatment Modalities, Settings, and Therapeutic Programs</p>	<p>Legal and Ethical Issues and Treatment Modalities, Settings, and Therapeutic Programs:</p> <ul style="list-style-type: none"> • Legal and Ethical Issues • Treatment Modalities, Settings, and Therapeutic Programs <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board 20 Knowledge Check Questions (KCQ) 50</p> <p>Dosage Calculation: Unit 03, Module 03: Dosage Calculation for Special Populations: Calculation for Pediatric IV Therapy & Maintenance Fluids 50</p> <p>Dosage Calculation: Unit 03, Module 04: Dosage Calculation for Special Populations: Calculation for Pediatric Oral and Parenteral Medications 50</p>	
<p>3 Therapeutic Relationships and Assessment in Psychiatric Mental Health</p>	<p>Therapeutic Relationships and Assessment in Psychiatric Mental Health:</p> <ul style="list-style-type: none"> • Therapeutic Relationships and Communication • Assessment in Psychiatric Mental Health <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board 20 Knowledge Check Questions (KCQ) 50</p> <p>Assessments: Dosage Calculation Exam 03 Prep Quiz 1 100</p>	
<p>4 Loss and Grief</p>	<p>Loss and Grief:</p> <ul style="list-style-type: none"> • Types of Losses • The Grieving Process <p>Reading: Selected readings as provided in adaptive platform</p>	

	<p>Assignments: Knowledge Check Questions (KCQ)</p> <p>Assessments: Exam 1: covers content from units 1-3 Dosage Calculation Exam 03 Prep Quiz 2</p>	<p>50</p> <p>100</p> <p>100</p>
<p>5 Anger, Hostility, Aggression, and Disruptive Behavior</p>	<p>Anger, Hostility, Aggression, and Disruptive Behavior:</p> <ul style="list-style-type: none"> • Anger, Hostility, and Aggression • Disruptive Behavior <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board Knowledge Check Questions (KCQ)</p> <p>Assessments: Dosage Calculation Exam 03 Prep Quiz 3</p>	<p>20</p> <p>50</p> <p>100</p>
<p>6 Disorders of Addiction and Dependence</p>	<p>Disorders of Addiction and Dependence:</p> <ul style="list-style-type: none"> • Substance Abuse • Pharmacological Management of Substance Abuse <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board Knowledge Check Questions (KCQ)</p> <p>Assessments: Dosage Calculation Exam 03 Practice</p>	<p>20</p> <p>50</p> <p>100</p>
<p>7 Disorders of Anxiety</p>	<p>Disorders of Anxiety:</p> <ul style="list-style-type: none"> • Anxiety • Panic Disorder • Pharmacological Management of Anxiety Generalized Anxiety Disorder and Phobias <p>Reading: Selected readings as provided in adaptive platform</p>	

	<p>Assignments: Discussion Board Knowledge Check Questions (KCQ)</p> <p>Assessments: Dosage Calculation Exam 03</p>	<p>20 50</p> <p>100</p>
<p>8 Somatic Symptom Illnesses and Sleep/Wakefulness Disorders</p>	<p>Disorders of Addiction and Dependence:</p> <ul style="list-style-type: none"> • Somatic Symptom Illnesses • Sleep/Wakefulness Disorders <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Knowledge Check Questions (KCQ)</p> <p>Assessments: Exam 2: covers content from units 4-7 Dosage Calculation Exam 03 Retake (If needed)</p>	<p>50</p> <p>100 C/I</p>
<p>9 Mood Disorders and Suicide</p>	<p>Mood Disorders and Suicide:</p> <ul style="list-style-type: none"> • Introduction of Mood Disorders • Major Depressive Disorder • Bipolar Disorder • Suicide <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board Knowledge Check Questions (KCQ)</p>	<p>20 50</p>
<p>10 Eating and Obsessive-Compulsive Disorders</p>	<p>Eating and Obsessive-Compulsive Disorders:</p> <ul style="list-style-type: none"> • Eating Disorders • Obsessive-Compulsive Disorder <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Knowledge Check Questions (KCQ) Nurse Achieve Case Study</p>	<p>50 20</p>

<p>11 Personality Disorders</p>	<p>Personality Disorders:</p> <ul style="list-style-type: none"> • Personality Disorders <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Knowledge Check Questions (KCQ)</p> <p>Assessments: Exam 3: covers content from units 8-10</p>	<p>50</p> <p>100</p>
<p>12 Schizophrenia</p>	<p>Schizophrenia:</p> <ul style="list-style-type: none"> • Schizophrenia <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Discussion Board Knowledge Check Questions (KCQ)</p>	<p>20</p> <p>50</p>
<p>13 Neurodevelopmental and Cognitive Disorders</p>	<p>Neurodevelopmental and Cognitive Disorders:</p> <ul style="list-style-type: none"> • Neurodevelopmental Disorders • Cognitive Disorders <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Knowledge Check Questions (KCQ) Nurse Achieve Case Study</p>	<p>50</p> <p>20</p>
<p>14 Abuse, Violence, Trauma, and Stressor Related Disorders</p>	<p>Abuse, Violence, Trauma, and Stressor Related Disorders:</p> <ul style="list-style-type: none"> • Clinical Picture of Abuse and Violence • Child and Elder Abuse • Rape, Sexual Assault, and Community Violence • Trauma and Stressor Related Disorders <p>Reading: Selected readings as provided in adaptive platform</p> <p>Assignments: Knowledge Check Questions (KCQ)</p>	<p>50</p>

	Assessments: Exam 4: covers content from units 11-13	100
15 Final Exam	Topics: Final Exam Assessments: HESI Final Comprehensive Exam	100
16 Final Reflection	Topics: Final course reflection Discussions: Final reflection on objectives	20

Exam grades that appear in the adaptive (Realizeit) platform do not reflect the final grade and should be disregarded. The final grade will become visible in the Canvas platform after the test item analysis has been completed.

*Pass rates may vary by program requirement- Refer to the University Catalog

Graduate Grading Scale

A	90.00-100%
B	80.00-89.99%
F	0.00-79.99%

Grading Summary

Grade Summary	Weight	Method of Scoring
Discussion Board Posts	5%	Rubric
Assignments (Dosage Calculation modules, Nurse Achieve Case Studies)	20%	Rubric
Knowledge Check Questions	10%	Points
Exams	40%	Points
Final Exam	20%	Points
Dosage Calculation Quizzes and Exams		P/F
Knowledge Check Remediation	5%	Points
Total	100%	

**** Dosage Calculation Exam 03:** Students will be given two opportunities to pass the dosage calculation exam with a grade of 80% or better. Students who fail to achieve 80% on their first attempt of the dosage exam will be required to engage in remediation. Students unable to pass the dosage exam with 80% on the second attempt will not be permitted to progress to NSG526 Family Nursing. Students must complete all dosage calculation modules, quizzes, and practice exams within the course, and complete remediation as needed using the dosage calculation resources posted in the course, the Calculate with Confidence textbook and online practice exercises, and by scheduling time with the Herzing University tutoring center as needed. Information regarding the resources of the SASC including tutoring, review sessions, recordings, and other resources can be found by visiting the SASC in the Student Resource Center on the Canvas Dashboard.

Use of Remote Proctoring for Exams

Herzing University is committed to protecting each student's privacy while also maintaining the integrity of assessments used to determine student achievement of learning objectives. As part of its efforts to do so, Herzing uses Proctorio, a proctoring software that allows for automated or live proctoring of exams, to maintain the integrity of the exams administered by the University.

The automated proctoring solution monitors test takers via a webcam, microphone, browser, and device to uphold the integrity of the assessment. This process includes monitoring test taker behavior, including facial and gaze detection tracked, dropped internet connections, and other activities that may indicate irregular testing activities. At the end of the exam session, an institution-approved representative will review a summary report of flagged activities; raw data will additionally be available. The institution-approved representative determines if any further action is warranted based on University policy. Herzing will retain this information for six months unless needed to resolve a specific pending grade dispute.

Any student accessing an exam without the use of Proctorio will receive a zero on the exam.

THIRD-PARTY TESTING

Assessment and remediation are critical components of nursing education. Students in the nursing program may be required to take third-party, standardized exams in an electronic format throughout the curriculum. These standardized tests are valid and reliable predictors of success on the NCLEX examination and provide valuable feedback concerning student strengths and weaknesses. Student learning outcome data identifies content areas that require remediation, allowing faculty to personalize student support and intervention. Courses that

utilize third-party exams will incorporate the points earned on the test as a percentage of the final grade earned for the course as specified in the course syllabus.

NSG524 will utilize a HESI custom final exam. Student scores on this exam will be determined as follows:

HESI Score	Percentage
>1050	95
1001-1050	90
950-1000	85
900-949	82
875-899	80
850-874	78
800-849	75
750-799	71
700-749	67
≤ 699	59

POLICIES

*University policies, such as attendance philosophy, notification of absences, extenuating circumstances, accommodation requests, academic dishonesty, late policy, grading and grading symbols, and student conduct are included in the University catalog. Students should reference the catalog for the complete listing of policies.

**Note: In some cases, program and/or course specific information may be appended to the syllabus as an addendum. In these instances, students must consider the syllabus to be inclusive of any appended information, and as such, students must adhere to all course requirements as described in the document in its entirety.*

To pass this course, students must achieve a minimum exam average of 76%. This exam average is determined by the average scores of all exams in the course. This does not apply to Dosage Calculation exams, PassPoint exams, ShadowHealth exams, or HESI Exit Exams.

After achieving the 76% exam average, the exam scores are applied to the weighted grading scale to calculate the final course grade. The final course grade is inclusive of all course requirements

in the weighted grading scale to determine the final course grade. A final course grade of 76% or higher is required to pass this course.

Final grades will be posted after the exam average has been calculated and applied at the end of the term.